



## University NEWS LETTER



# sbstimes

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## Editorial

Warm greetings to all! It's a great honour and immense pleasure to meet everyone once again. As the month of September falls in with heavy rainfall everywhere, we at SBSU have a month filled with important informational sessions and fun filled activities keeping SBSites busy throughout the month.

The month began with Teacher's day celebrations in which the students expressed their feelings of respect for their teachers and extended their gratitude through their performances. Of course, a teacher possesses the tremendous power to influence the shape of society and in turn the nation. Moving ahead, the seniors welcomed their juniors to the University by organizing a Fresher's Party for them and formally making them a part of SBS family. Our best wishes to the students of SBS for commemorating Teacher's day and welcoming the new students in current academic session.

We also take this great opportunity to wish "Happy World Physiotherapy Day (8<sup>th</sup>Sept) and Pharmacists Day (25<sup>th</sup>Sept)" to our physiotherapists and pharmacists in SBSU. They both play a major role in health care profession and the respective days are celebrated to ensure the quality of health care provided by them.

SBSU has also ventured in the neighboring country of Nepal in this month to extend its services to the people of Nepal.

The editorial board wishes all the best for the upcoming sessional exams and inter house competitions to be held during the month of October 2018.

Happy Reading & Best wishes....**Editorial Team**

## Inauguration of Guru Gobind Singh Block

September 6<sup>th</sup>, 2018 was indeed an auspicious day for SBS UNIVERSITY. With the blessings of the Almighty, the newly formed Guru Gobind Singh Block was inaugurated by Sardarni Harinder Pal Kaur Ji w/o Late Sardar Gurcharan Singh Ji, Founder Director. The programme started with *hawan* followed by *ardas* with a motto being the "Chardikala" from *Guru Vani* stating the contentment and positivity in life. The ceremony was graced by Chief Guest Brig. Rajendra Singh Rawat, VSM and Guest of Honour Col. Ajay Kothiyal, philanthropist and recipient of VSM, along with other dignitaries. Chairman of the University, Shri S.P Singh formally welcomed the dignitaries present at the ceremony and introduced them to newly established School of Agriculture & School of Management and Commerce. The eminent guests interacted with the students of Agriculture and Forestry and motivated the students by sharing the experiences in the field of Agro-Tourism and scope of Eco-Tourism in the state of Uttarakhand. Both the guests interacted with faculty and students with commitment of long association with the SBS University for providing field study, tours and classes for the students. The ceremony ended with the motivational addresses by the Chairman, Shri S. P. Singh and Vice-Chancellor Prof. A.K. Sharma. This remarkable day felicitated the gigantic leap in the development of the inception of the SBS renaissance, which will take the University to its zenith & make it a temple of learning for ages to come.



## Teacher's Day Celebration

Teacher's day was celebrated with great fanfare at SBS University, Dehradun to commemorate the birthday of our second President Late Dr. S. Radhakrishnan. The celebration started with the lamp lighting ceremony by the Vice-Chancellor Prof. A K Sharma accompanied by Head of the Departments of various courses. The Vice-Chancellor highlighted the life of Dr. S. Radhakrishnan and urged the students to take inspiration from him. Teachers also cut the cake to celebrate this occasion. All students and teachers were present during the ceremony. The students showed their love and respect towards their teachers by presenting various cultural programs like skit, dance and singing performances and made this day a memorable one for their teachers. Students expressed their gratitude towards teachers and said they owed all their success to them. Teachers also shared a few words of encouragement for the students who had worked for days to organize the event. The special day ended with joyful mirth and cheerful laughter as teachers thoroughly enjoyed their day out.



## Swachhata Abhiyan

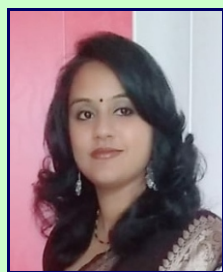
A swachhata abhiyan drive was organized on 19<sup>th</sup> September in the SBS University. 32 cadets under the supervision of ANO participated in the drive. Solid waste was collected and segregated for disposal during the event.



## NCC Enrolment

NCC enrolment for the session 2018-19 was done on 10/09/2018. SIXTY FIVE students went through the screening process comprising of various tests assessing their physical and cognitive performance. 27 students have been selected after a grueling 4 hour physical performance assessment for strength and endurance to cope up with the strict training guidelines of NCC. The enrolment was conducted by Dr (Lieu) Raghuvver and 29 UK Battalion NCC team comprising of 1 JCO and 1 NCO. Highest turn out has been noted for enrolment. Also the institutional training of NCC cadets for the session 2018-19 was undertaken by introducing the fresher cadets to various activities of NCC. Training of cadets in drill and general subjects has been started.

## New Joining



**Mrs. Evneet Pandey**

Assistant Professor

**Date of Joining:** 1 September 2018

**Qualification:** M.Com. UGC NET-JRF, B.Ed.

**Expertise:** Finance

**Experience:** 7 years



**Dr. Shrivardhan Dheeman**

Assistant Professor

**Date of Joining:** 1 September 2018

**Qualification:** M.Sc. & Ph. D. Microbiology

**Expertise:** Plant-Microbe Interaction, Microbial Ecology and Biotechnology, Agriculture Biotechnology

**Experience:** 3 years

## PCI sponsored Three Day CONTINUING EDUCATION PROGRAM at SBS University

The Department of Pharmacy organized a three day continuing education program (CEP-2018) from 20<sup>th</sup> - 22<sup>nd</sup> September sponsored by Pharmacy Council of India (PCI). The University is among the eleven Institutions from the north zone selected by PCI to conduct the program. The theme of the program was "Latest advancement in Pharmaceutical Education and Research". Renowned academicians from various Pharmacy Institutions and researchers from top Pharmaceutical companies shared their knowledge and expertise to the participating candidates. The aim of the program was to increase awareness among Pharmacy teachers regarding the advancements in the field of Pharmaceutical Sciences. The inauguration of the program was done with the lighting of the lamp by Chairman Shri S. P. Singh Ji, Vice- Chancellor Prof. A. K. Sharma accompanied by Principal Prof. Veerma Ram. Expert lectures were given by Vice-Chancellor, SBS University, Prof. A. K. Sharma, Principal, Prof. Veerma Ram, Prof. Vikas Anand, Prof. P. K. Choudhury (M S University, Udaipur), Dr. Mukesh Nandave (DIPSR University, Delhi), Prof. Hemant Jadav (BITS Pilani), Prof. Sateesh Madhav, (DIT University), Dr. Rakesh Vats (Sun Pharmaceuticals, Gurgaon), Prof. Ashok Tiwary (Punjabi University, Patiala), Prof. Anil Bhandari (J N Vyas University, Jodhpur), Prof. Richa Shri (Punjabi University, Patiala) and Prof. Anil Kumar (Punjab University, Chandigarh). Hands on training on modern pharmaceutical instruments were also provided to the participants.



### Rotract Club: Literacy & Health Hygiene Drive

On 29<sup>th</sup> September 2018, SBS University-Rotract Club members participated in literacy and health hygiene project at Govt. Primary School, Balawala, Dehradun. The club members distributed pencils and colour bars to students and organized a drawing competition among them. School students participated with great enthusiasm in drawing competition. Additionally, Rotracts with an objective of "Health Hygiene Awareness" educated to the children about the personal hygiene and demonstrated the ideal hand washing methods. Lastly, chocolates were distributed to all participating students. SBS University-Rotract Club also donated a set of books to the Govt. Primary School, Balawala, Dehradun.



# FRESHER'S PARTY CELEBRATION

A combined Fresher's party was organized on 17<sup>th</sup> and 19<sup>th</sup> September 2018 for UG and PG respectively. The program started with lamp lighting ceremony by Vice-Chancellor Prof. A.K Sharma and the respective Heads of the Departments. The Vice-Chancellor welcomed the new students and wished them a prosperous future and urged the PG students to have keen interest in research activities. The senior students welcomed their fresh inmates by offering them a grand gala cultural event. The students showcased their talents and mesmerized the audience with their singing and dance performances. Students made the occasion a memorable evening and the whole environment became enthralling. The show ended on a vibrant note with the students grooving together on the dance floor to the tunes of the DJ.

Following students were selected as Mr. and Ms. Fresher respectively from different departments:

M. Pharm: Mr. Surojit Banerjee and Ms. Hema Barti

M. Sc. Biotechnology: Mr. Surottam and Ms. Ayushi Kala

M.P.T: Mr. Jerry and Ms. Mitali

M.Sc. Microbiology: Mr. Shrikant Yadav and Ms. Shikha Chauhan

M. Sc. Applied Chemistry: Mr. Mayank Dimri and Ms. Neha Chauhan

B.P.T. : Mr. Yashjeet and Ms. Priyanka

B.Sc. Biotechnology: Mr. Prateek Choudhary and Ms. Rakhi Waldia

B. Sc. MLT: Mr. Nitesh kumar and Ms. Muskan Trehan

B. Sc. MM: Ms. Apoorva singh

B. Com: Ms. Yogita Negi

B.Sc. Hons. (Chem): Mr. Ahmed Mashooq and Ms. Maheshwari Dimri

B.Sc. Hons. (Botany): Ms. Meenakshi Lodhi

B.Sc. Hons (Maths): Mr. Bipin Jagwan and Ms. Shrishti Rawat

B.Sc. Hons. (Physics): Mr. Ashutosh panwar

B.Sc. Hons. Agriculture: Ms. Arushi

B.Sc. Hons. Forestry: Ms. Vinita Thakur



## SBSU In Nepal

A team of SBSU delegation of SBS University including teaching & Management staff moved to Pokhara, Nepal to launch an admission campaign. The trip was historic as it was the longest road trip in the history of University. The team met a number of teaching and administrative officials of various schools at Pokhara and a formal presentation was given to them at City Square Business Engagement Halls at New Road Pokhara.



## Student Column

### Practice The Sound of Success

Famous quote by Bruce Lee,

"I fear not the man who had practice 10,000kicks once, but I fear the man who had practice one kick 10,000 times"

If we pay some attention in our daily routine activities, we found many example of practice makes a man perfect. Nature itself is perfection in its various forms. Man including other living beings has to strive hard in order to attain livelihood. Man has to practice regularly in order to learn anything perfectly. Man himself has to set goals and then practice accordingly to be successful in life. In order to practice regularly, one needs to have lots of patience, dedication and will power. Practice can change man's quality into better qualities. In order to practice certain activities, man has to concentrate his mind, soul and body at one place uniformly to achieve certain requirement more smoothly and satisfactorily.

Without firm determination, no one can successfully involve in the regular practice. Hopeless people can never do practice as they easily lose their patience before getting the proper result. In order to continue the practice, one needs to have hope, patience, faith, and confidence with positive thinking. If we put our sight at the history, we see that there was Eklavya who was denied by the Droncharya to teach the art of archery however; his resolute determination helped him and he learned the art of archery very well after years of practice in front of his master's idol.

Practice is like an exercise and mantra for us which brings our physical and mental entities at one path of required frequency and leads us towards perfection, slowly but surely. Practicing continuously with faith creates a cohesive force which connects the physical and mental entities together to work at required

frequency. Anyone can achieve his/her goal slowly but definitely if he/she go with the planned practice. Ambitious people do hard practices to see their ambitions fulfilled but never suppose to defeat. Practice is the best tool which we can use to sharpen our abilities and capabilities beyond our capacities in the pursuit of goal. Practice is the best friend which leads us towards success and make the knowledge remain with us.

It helps people to awaken their lethargic potential by inducing confidence level. It calms our mind and gives happiness as practicing anything is like a meditation. We can achieve anything and reach to the unreachable heights in our life through practice. It prepares us to go in right direction and sharpen our abilities to face challenges and win. Practice is the continuous activity which enhances the will power and encourages us to run to the goal with strong perfection.

*Mr. Mayank Agarwal*

### Photograph of the Month



# SPORTS NEWS

The Sports & Athletics Club of the University organized various Inter-House competitions in this month. The students from various houses participated with full enthusiasm and sporting spirit. The details of these competition are as follows:

## Inter-House Volley Ball (Boys)

1<sup>st</sup> - Jujhar  
2<sup>nd</sup> - Zorawar  
3<sup>rd</sup> - Fateh  
4<sup>th</sup> - Ajit  
Best Player: Amit Dhondiyal (B Pharm 4<sup>th</sup> yr)

## Inter-House Volley Ball (Girls)

1<sup>st</sup> - Fateh  
2<sup>nd</sup> - Jujhar  
3<sup>rd</sup> - Ajit  
4<sup>th</sup> - Zorawar  
Best Player: Annushi (B.Sc. Chem 1<sup>st</sup> yr)

## Inter-House Chess (Boys)

1<sup>st</sup> - Zorawar  
2<sup>nd</sup> - Ajit  
3<sup>rd</sup> - Jujhar  
4<sup>th</sup> - Fateh  
Best Player: Amit Thapliyal (B.Sc. MLT 3<sup>rd</sup> yr)

## Inter-House Table Tennis (Boys & Girls)

1<sup>st</sup> - Fateh  
2<sup>nd</sup> - Zorawar  
3<sup>rd</sup> - Jujhar  
4<sup>th</sup> - Ajit  
Best Player: Ayush Hatwal (M Pharm 2<sup>nd</sup> yr & Rakhi (BPT 4<sup>th</sup> yr)

## Inter-House Badminton (Boys)

1<sup>st</sup> - Ajit  
2<sup>nd</sup> - Zorawar  
3<sup>rd</sup> - Jujhar  
4<sup>th</sup> - Fateh  
Best Player: Bhargav Baruah (B Pharm 2<sup>nd</sup> yr)

## Inter-House Chess (Girls)

1<sup>st</sup> - Jujhar  
2<sup>nd</sup> - Ajit  
3<sup>rd</sup> - Fateh  
4<sup>th</sup> - Zorawar  
Best Player: Neha Singh (B Pharm 1<sup>st</sup> yr)



**Patron:** Shri S.P. Singh, Chairman, Dr. Gaurav Deep Singh, Secretary, Mr. Zorawar Singh, Manager Gaurav Bharti Shiksha Sansthan  
**Publisher:** Prof. A.K. Sharma Vice-Chancellor  
**Advisors:** Capt. (Retd) J.S. Gill, (Advisor Administration), Prof. F.C. Garg (Advisor), Dr. Luv Kush (Academic Advisor), Prof. G.S. Randhawa (Advisor), Mr. K.B.S. Rawat Dy. Director (HR & Liason), Ms. Urmi Chaurasia (Advisor, Publication & Creative Writing Society)  
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